

Full NW Suburbs Resource Guide

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Teen Health Clinics/Pregnancy Resources

Response Center

847-676-0078

9304 Skokie Bld., Skokie 60077

Services: Provides prevention, outreach, counseling, and medical services to teens and their families in the Jewish and general community.

Links Youth

847-441-6191

1779 Maple St, Northfield 60093

Services: Provides confidential medical services, counseling, educational and referral services to young women, men, ages 13-22 in female and male clinics (includes gynecological exams, contraception, pap tests, STI testing and treatment, etc)

Forest View Medical Center, Ltd

847-375-1000

2750 S River Rd, Des Plaines 60018

Services: Abortion services, birth control, STD testing, family practice and more

<http://www.forestviewmedical.com/>

Teen Mother Choices

224-280-8286

916 E Hintz Rd, Arlington Heights 60004

www.teenmotherchoices.org

Services: Life skills workshops, Mentors, Childcare Assistance, Guidance & Support, Referrals.

Kids Hope United

847-245-6800

2115 Ernie Krueger Cir Waukegan, 60087

Services: Home visiting program and works with first time parents

Joanne Bratta

847-718-5954

D214 Nurse Pregnancy Coordinator

Action for Children

773-687-4000

www.actionforchildren.org

CEDA Northwest- WIC Office

847-392-2332

1300 N. Northwest Hw, Mt. Prospect 60056

www.cedanorthwest.org

Child Support Assistance

800-447-4287

Children's Advocacy Center of Northwest Cook County
847-885-0100

Cook County Child Care Resource
773-769-8000

Horizons Children's Center
847-459-1617
3316 Schoenbeck Rd., Wheeling, IL. 60090

PHD (Preservation in Human Dignity)
847-359-4919
1610 Colonial Parkway, Inverness 60067
Services: Pregnancy testing, parenting classes, counseling, referrals, confidential

Shelter, Inc. – Healthy Families
847-255-8060
1616 Arlington Heights Rd, Arlington Heights 60004
Services: Provides community based, emergency and long-term housing for children and adolescents who are abused, neglected, dependent or in need of supervision.

The Harbour
1400 Renaissance Dr. Suite 240, Park Ridge, IL 60068
847-297-8540
Cara C. Bouslog, Community relations and intake worker Ext. 129
<http://theharbour.org/>
Provides safe, short-term shelter for girls ages 12-21, supervised living for homeless girls ages 16-21 while they receive life skills training and transition to self-sufficiency, and an independent living program for 16-21 year old homeless young men and women as they make the transition to independence.

Social Security Referral for Baby
800-772-1213

DISABILITY RESOURCES

Physical Impairment

Access Living

312-640-2100
115 West Chicago Ave, Chicago, IL 60654
Services: Inclusive society that enables Chicagoans with disabilities to live fully-engaged and self-directed lives

Lake County CIL
847-949-4440

377 N. Seymour Ave, Mundelein, IL 60060

Services: Information and referral: advocacy, housing, personal care and attendant training.

Over the Rainbow/Hill

847-328-6633

2040 Brown Ave, Evanston, IL 60201

Services: Helps individuals find independent living and subsidized rent for physically handicapped.

Extended Home Living Services, Inc.

847-215-9490

210 W. Campus Drive, Suite B, Arlington Heights 60004

Services: Provides consultation, planning, and installation of adaptive equipment, ramps, and other home modifications for the newly and chronically disabled.

City of Evanston Disabled Services

847-448-8045 or 847-866-2916

2100 Ridge Ave, Evanston 60201

Services: Free assistance for the disabled – grab bar, item reacher, door handle, light alarm, cane, raised toilet seat, magnifier, and ring flasher.

RampNOW

630-892-7267

<http://www.rampnow.com>

Ramps and lifts

DISABILITY: COGNITIVE

Shore Community Services

847-982-2030

4232 Dempster St. Skokie, IL 60076

Services: Vocational and educational activities, group homes, respite care, sheltered workshops, day care, early intervention program.

Chicago Association for Retarded Citizen

312-346-6230

8 S. Michigan Ave. Suite 1700

Chicago, IL 60603

Services: Day programs, Early Intervention Services, Occupational Therapy, Physical Therapy, Respite Care, Speech and Language Therapy, Support Groups

Community Alternatives Unlimited

773-867-4000

8765 W. Higgins Rd. Suite 300

Chicago, IL 60631

Services: Case Management, referral and information service to individuals with developmental disabilities, mental health needs, hearing, visual and/or physical impairments.

Anixter Center (Center for Rehabilitation and Training)

773-973-7900

2001 N. Clybourn Ave, 3rd floor, Chicago, IL 60614

Services: Provides disability services, community support, education services, employment services, health and behavioral services, and residential and housing support

Anixter Center (North)

1699 Wall St., Mount Prospect, IL 60056

847-228-6180

Services: Job placement, training, education.

Clearbrook

1835 W. Central Rd., Arlington Heights, IL 60005

847-385-5070

Services: volunteer respite program, autism resource room, equipment lending library, developmentally appropriate and adapted toys for borrowing; adult services for residential options, day program services, employment training and placement, and full clinical services.

Glenkirk

847-272-5111 ext 559

3504 Commercial Ave., Northbrook, IL 60062

Services: residential, day and employment programs, respite, and behavioral and home-based services

Illinois Department of Rehabilitation Services

847-758-3483

715 W. Algonquin Rd. Suite 8, Arlington Heights, IL

Services: Information, referral, testing, and educational and vocational services.

Illinois Guardianship and Advocacy Commission

312-793-5900

160 N. LaSalle, Chicago, IL 60601

Services: Advocacy, information and referral services, legal services

The Center for Enriched Living

847-948-7001

280 Saunders Road, Riverwoods 60015

Services: Providing services to people with developmental disabilities to be included in the community, achieve personal success, and enjoy a good quality of life.

Little City Foundation

847-358-5510

1760 W. Algonquin Rd. Palatine, IL 60067

Services: Advocacy, foster care, group homes, residential treatment, parent education.

Countryside Association for the Handicapped

21154 W. Shirley Rd., Palatine, IL 60074

847-438-8855

Services: Advocacy for individuals w/ disabilities.

Misericordia Heart of Mercy

773-973-6300

6300 N. Ridge Ave. Chicago, IL 60660

Services: Supports individuals with developmental disabilities in maximizing their level of independence through family and community support, community awareness, education, and advocacy.

Neumann Association

773-769-4313

5547 N. Ravenswood

Chicago, IL 60640

Services: Housing, workshops, training programs

High Five Center

847-630-7042

P.O. Box 1042, Morton Grove, IL 60053

Services: Day services for adults w/ brain injury who cannot return to work, school or participate in vocational rehabilitation.

Avenues to Independence

847-292-0870

515 Busse Highway, Park Ridge 60068

Services: homes, jobs, and social opportunities to hundreds of adults with autism, cerebral palsy, Down Syndrome and other physical, intellectual, and/or developmental disabilities

PRC/Paratransit Services

847-437-6233

2400 S Arlington Heights Rd

Services: Transportation for senior and disabled citizens

Project Reach

630-790-2474

818 DuPage Boulevard, Glen Ellyn 60137

Services: Addresses the needs of children with deaf-blindness and their families.

RCL/Resources for Community Living

847-701-1554

4300 Lincoln Ave, Rolling Meadows 60008

Services: Offers adults with developmental and/or physical disabilities aid w/housing options, individualized skill instruction and necessary support services.

DSCC (IL Division of Specialized Care for Children)

312-996-6380

1919 W. Taylor St (m/c 618) 8th floor room 800 Chicago 60612

Services: Care coordination and cost-supported diagnosis and treatment for children w/chronic health impairments; home care program (waiver program to live at home rather than institution or nursing home), rehabilitative management for children with disabilities.

The Visions Network

847-299-2200

2101 Oxford Rd Des Plaines, 60018

Services: Residential, life skills development, career services for adults with autism.

Special Education Resources**Pay It Forward for Autism**

836 S. Arlington Heights Rd. Suite #162, Elk Grove Village 60007

Services: Proactive organization providing education for families, school personnel, public servants and community members; to educate and empower parents to facilitate positive school and community experiences.

DSCC (Division of Specialized Care for Children)

773-444-0043

8609 W. Bryn Mawr Ave Suite #202, Chicago 60631

Services: Agency for specialized treatment and rehab of children with certain chronic physical disabilities and health impairments. Approves payment for a broad array of specialty services.

Youth Services of Elk Grove Township

847-981-0373

401 W. Golf Rd, Mt. Prospect 60056

Services: ADD Camp designed for children who have Attention Deficit Disorder; provides experiences that will give children some tools that will be helpful to them.

Camp SOAR (Special Outdoor Adaptive Recreation)

312-726-4011

180 N. Michigan Ave Suite #700, Chicago 60601

Services: Weeklong overnight camp open for children and teens (7-19 years) with any physical and/or cognitive special needs. No insurance; Scholarship money available. Full payment required.

NWSRA (Northwest Special Recreation Association)

847-392-2848

3000 W. Central Rd Suite #205, Rolling Meadows 60008

Services: Provides opportunities through recreation for children and adults with disabilities.

MGB Services

847-533-6224

info@mgb-services.com

Services: Home placements, monitoring home programs, training, social skills program, and assistance with IEP preparation.

Alternative/Therapeutic Programs

Camelot Therapeutic Day School of Mount Prospect

580 Slawin Ct., Mount Prospect, IL 60056

224-612-8338

Serves multi-need students who are typically on the autism spectrum, orthopedically impaired, or developmentally delayed. Provides 1:1 support and substantial supplemental therapy as well as individualized daily agendas customized to a student's personal need. Ages 3 to 21.

Excel Academy Chicago

1257 W. 111th St., Chicago IL, 60653

773-629-8736

Goals of this program include: increasing student academic achievement, raising student attendance, creating and maintaining a safe and orderly learning environment, and preparing students to meet state and District graduation requirement. Ages 16 to 21.

Kirk School

520 S. Plum Grove Road, Palatine, IL 60067

847-463-8500

Provides a comprehensive educational program for students age 5 to 21 with significant cognitive, orthopedic, communication, sensory and/or behavioral impairments.

Miner School

1101 E Miner St., Arlington Heights, IL 60004

847-463-8400

Provides a comprehensive educational program for students age 5 to 21 who exhibit a combination of severe academic learning difficulties, mild to moderate cognitive disabilities, speech/language delays, autism, emotional disabilities, and/or other health impairments.

NorthShore University Adolescent Day School

2100 Pfingsten Road, Glenview IL 60026

847-486-8692

Designed for students age 12 to 19 who have emotional disorders, learning disabilities or other health impairments that prevent academic achievement in a regular education environment.

Parkland Preparatory Academy

900 South Park Blvd., Streamwood, IL 60107

630-823-8323

<http://www.parklandprep.com/>

Offers a comprehensive academic program, therapeutic services and a transition program that assists students to build the skills and confidence necessary to transition successfully to adult life.

Riley Cross Program

1209 E. Burr Oak Drive, Arlington Heights, IL 60004

847-670-3425

Program designed to address significant deficits in communication/language development, adaptive behavior, social skill development and sensory regulation; kindergarten through 5th grade.

Safe Haven School

937 Happ Road, Northfield, IL 60093

847-509-5885

<http://www.safehavenschool.org/>

Serves students in grades kindergarten through high school who are dealing with internalizing disorders.

Streamwood Behavioral Healthcare System Innovations Academy

1400 E. Irving Park Rd., Streamwood, IL 60107

630-837-9000

Designed for students age 10 to 21 with pervasive developmental delay, affective disorders, autism Spectrum Disorders, Reactive Attachment Disorders, Cognitive Impairment, Emotional Disorders, Multiple Disabilities/OHI.

Timber Ridge School

201 S. Evanston Ave., Arlington Heights, IL 60004

847-463-8300

Provides comprehensive academic and therapeutic services for students with specialized behavioral, emotional, and social needs; kindergarten through 8th grade.

Joliet Job Corps Center

1101 Mills Road, Joliet, IL 60433

815-727-7677

Paul Simon Chicago Job Corps Center

3348 South Kedzie, Chicago, IL 60623

773-890-3100

Lincoln's Challenge

8660 W. Cermak Rd.

north Riverside

800.851.2166

Crisis Intervention (DCFS/SASS)

DCFS Abuse Hotline

1.800.25.ABUSE (252.2873)

SASS (Screening, Assessment and Support Services)

1.800.345.9049 This is the CARES number.

Used to report a mental health crisis for a student. The CARES line will take a phone assessment and determine if a SASS visit is appropriate.

If appropriate, a SASS agent will be at the scene within 90 minutes of the call to deem whether hospitalization is necessary. If so, they will assist in admittance. They will also determine if the student qualifies for SASS services including counseling and other intensive mental health services.

SOC (System of Care)

847.451.0030

10001 Grand Ave.
Franklin Park, IL 60131

www.systemofcareillinois.com

DCFS based program providing intensive therapeutic interventions and other services to ED/BD students **for whom DCFS is legally responsible.**

Services include counseling, clinical coordination, mentoring and 24 hour crisis intervention/stabilization.

Village of Mt. Prospect

call 847/870-5680. Ask for Kim.

- **Case Management and Advocacy** -- Social workers provide service to residents by coordinating programs offered by the department and/or other social service agencies. When appropriate, social workers will advocate for services.
- **Confidential Counseling (Individual, Family and Marital)** -- Our social workers provide crisis intervention and short term counseling in an attempt to help residents understand issues which affect their lives. Must be police involvement.

Omni Youth Services- Crisis Services

847.353.1500 or MaryBeth @ 847.353.1660

1111 W. Lake-Cook Rd.

Buffalo Grove, IL. 60089

www.omniyouth.org

-Similar to the Bridge crisis services but for the area surrounding Hersey. Does not include Mt. Prospect area.

The Bridge Youth and Family Services

Crisis intervention only for this area

1585 N. Rand Road

Palatine, IL 60074

Phone: (847)776-3730 30?

Fax: (847)776-3739

Emergencies: (847)776-3720

The Bridge currently offers services to youth between the ages of 11 and 17 and their families. Our role as the Crisis Intervention Team is to intervene and stabilize families in crisis who have runaway, homeless, or ungovernable children. Additionally, we help to promote healthy environments and lifestyles through short term interventions. It is our goal to preserve or reunify families. The Crisis Intervention Team is available 24 hours a day for crisis emergencies by calling 847-776-3720. Our team also provides Family Centered Services (FCS) to families of LAN 42 (Maine and Elk Grove Townships) to work with youth who are at risk of not completing their secondary education.

Alexian Brothers Behavioral Health Hospital- Access Center

Risk assessments and Level of Care Assessments

800.432.5005

Moon Lake Blvd.

Hoffman Estates

HOSPITALS

Alexian Brothers Hospital

800 Biesterfield Road
Elk Grove Village, IL 60007
847-437-5500

Alexian Brothers Behavioral Health

1650 Moon Lake Boulevard
Hoffman Estates, IL 60169
1-800-432-5005 (Free and Confidential Assessment and Referrals)

Services Offered:

- Adolescence Partial Hospitalization and Adolescent Intensive Outpatient Program
-(847) 755-8080
- Autism Spectrum and Developmental Disorder Resource Center
- Center for Addiction Medicine
- Center for Anxiety and Obsessive Compulsive Disorders
- Center for Eating Disorders
-(847) 755-8168
- Center for Self-Injury Recovery Services
-(847) 755-8187
- Child and Adolescent Anxiety Disorders Program
- Outpatient Adolescent Chemical Abuse Program
-(847) 755-8080
- Child Partial Hospital Program
-(847) 755-8017
- School Refusal/School Anxiety Program
- Support Groups
- Youth Inpatient Program
-Clinical Director (847) 755-8136
- Community Outreach
- Drug Testing
- DUI Programs
- Evening and Weekend Programs
- Family Options Program (free psychoeducational program offered to teens/families, which addresses a variety of mental health issues).
-(847) 755-8018
- Pregnancy and Postpartum Depression

Payment: Most insurance accepted, Medicare and Medicaid

Alexian Brothers Center for Mental Health

3436 N. Kennicott Ave
Arlington Heights, IL 60004

847-952-7460

Services:

- Child and Adolescent Services
- Panic and Anxiety Disorder Services
- Young Adult Program
- Internship Opportunities-Community Education and Support Services
- Addiction Services
- Crisis Intervention
- Psychosocial Rehabilitation
- Case Management
- Housing Services/ Transitional Living
- Vocational Services
- Partial Hospitalization Program (PHP)
- Outpatient Therapy and Outpatient Groups
- Referrals

Payment: Most insurance accepted, Medicare and Medicaid

Edwards Hospital / Linden Oaks

801 Washington St. Naperville, IL (ER)
852 West Street Naperville (Linden Oaks Mental Health Center)
630.305.5500 -24 Hour Help Line
-Child, Adolescent and Adult PHP, Inpatient and Outpatient Services

NorthShore University Healthcare

Clinical Coordinator:

Carole Hynes
847-486-8692

Services:

Outpatient Psychiatry & Psychotherapy Service
(847) 425-6400

Adolescent Day School

(847) 486-8692
3633 West Lake Avenue
Suite 200
Glenview, IL 60025

- School avoidance, school phobia, school anxiety
- Anxiety Disorders
- Major Depression
- Bipolar Disorder
- ADHD
- Learning Disabilities

Adolescent Intensive Outpatient Program

(847) 480-3837

Adolescent Partial Hospitalization Program

(847) 926-5874

- 12-18 years of age and still in high school

Alcohol Use and Addiction Recovery

(847) 570-4633

Center of Eating Disorders at Highland Park Hospital

Highland Park Hospital

777 Park Avenue West

Highland Park, Illinois 60035

- For information, call (847) 480-2617
- For assessment, call (847) 570-2500

Payment: Most insurance accepted.

Lutheran General Hospital

847-723-2210

1775 W. Dempster St.

Park Ridge, IL 60068

Child and Adolescence Inpatient Behavioral Health Unit

847-723-6570

Central Access (Admitting Team)

Pager: 4287 (call the main hospital line and ask operator to page Central Access)

Partial Hospital (Day Hospital)

Contact: Jean Tully

847-723-6585

Northwest Community Hospital

Mental Health Network

Adolescent Services

847-618-4110

Services Provided:

- Inpatient Treatment Program
- Partial Hospital Program
- Outpatient Intensive Program

The Youth Center Adolescent Substance Abuse Treatment

901 W. Kirchoff Road

Bldg 7, 3rd Floor

Arlington Heights, IL 60005

847-618-2700

Services Provided:

- Residential Treatment
- Partial Hospital Program, Day Treatment
- Intensive Outpatient Program

School Refusal Treatment Program

847-618-4083 (information and appointment line)

Services Provided:

- Inpatient Treatment
- Partial Hospital Program

Liaison Services

847-618-1000 (Ask the operator to page ex. 5207)

Services Provided:

- Mental health assessment
- Referral services

Payment: Private pay. Most insurance accepted. No Public Aid.

Streamwood Behavioral Healthcare System

1400 E. Irving Park Road

Streamwood, IL 60107

(630) 837-9000 or 1-800-272-7790

Community Liaison:

Kyle Wood

Cell: 224-723-7069 (not to be given to family members, just for staff use)

Email: kyle.wood@uhsinc.com

Services Offered:

- Child, Adolescent Girls and Boys Inpatient Program
- Child and Adolescent Partial Treatment Program
- Outpatient Counseling (Individual and Group)
- Young Adult Program (Ages 18-21)
- Child Unit and Early Childhood Development Track
- MISA-Mental Illness and Substance Abuse
- Dialectical Behavioral Therapy
- Collaborative Problem Solving
- Applied Behavioral Analysis (Inpatient Program for Autistic Children)
-Serves the needs of children and adolescents with autism spectrum disorders. Only unit in Illinois that is specifically geared toward children with autism spectrum disorders.
- Autism Spectrum Disorders Family Support Group
 - Thursdays @ 7pm
 - All families are welcome; child does not need to be a patient in the hospital.

Payment:

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Updated: Jeff Bondora, LCSW 8.2014

Most forms of payment are accepted. Out of network for HMO insurances.
Public Aid is accepted.

* They provide FREE assessments and referral services 24/7. Walk-ins are welcome, but appointment preferred.

* They have 162 beds.

Various Chicago Hospitals

Advocate Trinity Hospital	773-967-2000
Chicago Lake Shore Hospital	
• Free Assessment & Referrals	1-800-888-0560
Chicago Read Mental Health Center	773-794-4000
Holy Cross Hospital	773-234-5967
Lurie Children's Memorial Hospital	773-525-0128
Mercy Hospital and Medical Center	312-567-2000
Mount Sinai Hospital	773-542-2000
Northwestern Memorial Hospital	312-926-2000
Norwegian American Hospital	773-395-3000
Resurrection Medical Center	773-774-8000
Rush University Medical Center	312-942-5000
St. Joseph Hospital	773-665-3000
Stroger Cook County Hospital	312-864-6000
Swedish Covenant Hospital	773-878-8200
University of Chicago Medical Center	773-702-1000

EATING DISORDERS

Facilities

Academy for Eating Disorders

111 Deer Lake Road

Deerfield, IL 60015

847-498-4274

aedweb.org

Services: Outpatient, inpatient, day hospital, residential and nutritional counseling. No insurance.

Alexian Brothers Behavioral Health Hospital Eating Disorders Program

1650 Moon Lake Blvd., Hoffman Estates, IL 60169

800-432-5005

Services: Inpatient/partial hospitalization and intensive outpatient. Insurance and Medicaid (up to age 21) accepted.

Center for Eating Disorders at NorthShore University HealthSystem

9600 Gross Point Road, Skokie, IL 60076

847-677-9600

Services: Outpatient and partial hospital program. Medicare/Medicaid accepted.

Center for Eating Disorders at NorthShore University HealthSystem

777 Park Avenue West, Highland Park, IL

847-480-2617

www.NorthShore.org

Services: Individual therapy, group therapy, couples therapy, family therapy, day treatment, outpatient and support groups. Insurance accepted.

Center for Eating Disorders – ENH Highland Park Hospital

777 Park Avenue West, Highland Park, IL 60035

847-480-2617

Services: Partial hospitalization, outpatient and nutritional counseling. Insurance accepted.

The University of Chicago Eating Disorders Program

5841 S. Maryland Ave., Chicago, IL 60637

773-702-3858 (Intake)

773-753-1880 (Emergency)

- Services: Treatment and follow-up for adolescent anorexia disorder, bulimia nervosa disorder, binge eating disorder and childhood/adolescent obesity. Insurance accepted.

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- **North Shore Center for Weight Management**

- Director: Brad Saks, PsyD

- 707 Skokie Blvd, Suite 600, Northbrook, IL

- 847-509-7560

- info@nscwm.com

- www.nscwm.com

- Services: Medical evaluation, nutritional counseling, coaching, family therapy, couples therapy and phone counseling

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Northwestern Weight and Eating Disorder Program

303 E. Chicago Ave., Chicago, IL 60611

312-503-8649

Services: Individual psychotherapy, group psychotherapy, nutritional services and medication management

Rush University Medical Center – Eating Disorder Program

1653 W. Congress Pkwy, 245 Rawson, Chicago, IL 60612

312-942-6656

Services: Inpatient psychotherapy, outpatient psychotherapy and nutritional counseling

Eating Disorder Program at UIC

912 S. Wood St., Chicago, IL

312-355-1223

Services: Individual therapy, group therapy, couples therapy, educational lectures and nutritional counseling. Medicaid/Medicare accepted.

Eating Disorder Program at Linden Oaks at Edward

801 S. Washington St., Naperville, IL 60540

630-305-5500

Services: Inpatient, partial hospitalization, intensive outpatient and residential (adolescent)

The Awakening Center

3523 N. Lincoln Ave., Chicago, IL 60657

773-929-6262

www.awakeningcenter.net

Services: Various therapies for anorexia disorder, bulimia nervosa disorder and binge eating disorder and support groups. No Medicaid/Medicare.

Timberline Knolls (Residential)

40 Timberline Drive, Lemont, IL 60439

877-257-9611

Services: Residential, women-only

Yellowbrick Consultation & Treatment Center

Mimi Neathery, PsyD, Coordinator, Assessment Center

1560 Sherman Avenue, Suite 400, Evanston, IL

847-869-1500

mneathery@yellowbrickprogram.com

www.yellowbrickprogram.com

Services: Residential treatment, outpatient, day treatment, medical evaluation, individual therapy, family therapy, couples therapy, group therapy, nutritional counseling, support groups

Eating Disorder Outpatient Specialists

John Levitt, PhD

1699 E Woodfield Road, Schaumburg, IL 60173

847-370-1995

Levittj@aol.com

Jennifer Roccoforte, Ph.D.

1655 N. Arlington Heights Rd Suite 304-E Arlington Heights, IL
847-670-0880 ext. 27

Judith Matz, LCSW

5225 Old Orchard Road, Suite 6, Skokie, IL
847-267-1200
judith@judithmatz.com
www.dietsurvivors.com

Services: Individual therapy, group therapy, support groups and phone counseling for binge eating disorder, obesity, food addiction and compulsive overeating.

Julie Blackman, LCSW

1007 Church Street, Suite 515, Evanston, IL
Office: 773-818-6800
julielesw@yahoo.com
Sliding Scale

Mindy Marx, LCSW

3255 North Arlington Heights Road, Suite 512, Arlington Heights, IL
847-483-9701
www.reflections-psychotherapy.com

Services: Individual Therapy, Outpatient, Family Therapy, Couples Therapy, Group Therapy
Parent Education/Support Group: Eating Disorders 101 is a 4 session educational group for parents of teenage and young adult daughters with Anorexia or Bulimia. This group assists parents to: recognize typical signs and symptoms of eating disorders, understand contributing factors to the development of these disorders, navigate the treatment process, and identify ways they can help in (and survive) the recovery process. This group is a helpful adjunct to treatment, especially for those parents whose child has been recently diagnosed and/or has recently begun the treatment process.

Robin J. Shapiro, M.D., Licensed Physician, Board Certified in Psychiatry

480 Elm Place, Suite 106, Highland Park, IL
312-520-9603
www.robinshapiro.md.com

Services: Compulsive exercise, food addiction, binge eating disorder, obesity, compulsive overeating, obsessive-compulsive disorder (OCD) and body dysmorphic disorder (BDD) and childhood obesity. Sliding Scale available.

Suzanne Dron Gazzolo, Ph.D., LCPC

627 11th Street, Suite 201, Wilmette, IL
847-280-0564
sgazzolo@mac.com
www.suzannegazzolocounseling.com

Services: Individual therapy, family therapy, group therapy for anorexia and bulimia in adolescent and adult women. She also works with athletes, compulsive exercisers, food addiction, binge eating disorder and compulsive overeating.

SUBSTANCE ABUSE SERVICES

RESIDENTIAL SUBSTANCE ABUSE FACILITIES

Cornell Interventions

Residential Treatment Program- FEMALE

847-526-0404
26991 Anderson Rd.
Wauconda, IL 60084

Gateway Foundation

Youth Residential Substance Abuse Program- MALES

773-826-1916
3828 W. Taylor St.
Chicago, IL 60624

Rosecrance

Residential Treatment Program

815-399-5351
Outreach Counselor- Sara Watts 815.391.1000
3815 Harrison
Rockford, IL 61107

Northwest Community Hospital

Residential Treatment Program

847-618-4100
901 W. Kirchoff
Arlington Heights, IL 60005

Maryville, Scott Nolan Center

Residential Treatment Program – MALES

847-294-1999
1150 N. River Rd.
Des Plaines, IL 60016

Alexian Brothers Behavioral Health Hospital

847.755.8080
800.432.5005 (free evaluation)
1650 Moon Lake Blvd.
Hoffman Estates, Il. 60194

847.437.5500
800 W. Biesterfield Rd.
Elk Grove Village, Il. 60007
Free Evaluation, Outpt and inpt services for alcohol and detox.

Alexian Center for Mental Health

3550 Salt Creek
Arlington Heights, Il. 60004
847 952-7460

INTENSIVE OUTPATIENT PROGRAMS

Alexian Brothers Behavioral Health

Adolescent Intensive Outpatient Program
(847) 755-8080

NorthShore University Healthcare

Adolescent Intensive Outpatient Program
(847) 480-3837

Northwest Community Hospital

Adolescent Services, Outpatient Intensive Program
847-618-4110

F.A.I.R, Families and Adolescents in Recovery, Inc.

Intensive Outpatient Program (IOP)
847-359-5192
2010 East Algonquin Rd.
Schaumburg, IL 60173

Rosecrance Griffin Williamson Campus

Adolescent Inpatient and Outpatient Services
1-800-252-6465 or 1-815-391-1000
For referral call:
Kristen Powell 708-302-9194 or
Craig Piehle 815-387-2525

Peer Services, Inc

Adolescent Intensive Outpatient Program
Glenview
847-657-7337, ask for Adolescent Services
3633 West Lake Ave, Suite 305
Glenview, IL 60025

Evanston

847-491-1778, ask for Adolescent Services
906 Davis St.
Evanston, IL 60201

Twelve Step and Self Help Resources

Adult Children of Alcoholics (ACA)

www.adultchildren.org
310-534-1815

Alanon/Alateen

www.al-anon.alateen.org
888-425-2666

Alcoholics Anonymous (AA)

www.aa.org
800-371-1475

Anorexia Nervosa & Associated Disorders (ANAD)

www.anad.org
847-831-3438

Cocaine Anonymous (CA)

773-202-8898

Co-Dependents Anonymous (CoDA)

www.codependents.org
630-415-3220

Crystal Meth Anonymous (CMA)

www.crystalmeth.org
213-488-4455

Debtors Anonymous (DA)

www.debtorsanonymous.org
773-274-3328

Depression & Bipolar Support Alliance (DBSA)

www.dbsalliance.org
312-642-0049

Dual Diagnosis Anonymous (DDA)

www.ddaworldwide.org
800-359-1216

Dual Recovery Anonymous (DRA)

www.draonline.org
877-883-2332

Emotions Anonymous (EA)

www.emotionsanonymous.org

708-383-0200

Families Anonymous (FA)

www.familiesanonymous.org
773-777-4442

Gamblers Anonymous (GA)

www.gamblersanonymous.org
312-346-1588

Narcotics Anonymous (NA)

www.na.org
708-848-4884

National Alliance for Mentally Ill (NAMI)

www.nami.org
800-346-4572

Pills Anonymous (PA)

www.pillsanonymous.com
212-874-0700
www.pillsanonymous.com

Workaholics Anonymous

www.workaholics-anonymous.org
312-409-0596

ABUSE SERVICES

ABUSE: CHILD

DCFS Hotline

(800) 252-2873

Children's Advocacy Center

(847) 885-0100

640 Illinois Boulevard, Hoffman Estates, IL 60169

Victim sensitive interviews for children ages 3-17 who are alleged victims of sexual/physical abuse. Short-term counseling. Free

Center for Contextual Change

(847) 676-4447

9239 Gross Point Rd., Skokie

Individual, family, group therapy. Specializes in trauma and abuse counseling for victims and

offenders. Sliding Scale.

ABUSE: ELDER

Elder Abuse Hotline

866-800-1409

Categories of abuse include: physical, sexual, and emotional abuse and financial exploitation.

Illinois Department of Public Health 24 hour Central Compliant Registry

(800) 252-4343

To report the suspected abuse and neglect of a long term care resident.

Metropolitan Family Services

820 Davis Street, Suite 450

Evanston, IL 60201

(847) 425-7400

Services: Individual and Family Counseling. Fee: Sliding Scale

ABUSE: DOMESTIC

Mary Lou's Place (formerly: Evanston Shelter for Battered Women (YMCA)

P.O. Box 5164, Evanston IL

(877) 718-1868

Services: A 32-bed domestic violence shelter. Battered women and children welcome.

Maximum length is 90 days. No fees. No male children over age 12. This is also a crisis line.

Between Friends

P.O. Box 608548

Chicago, IL 60660

(800) 603-HELP or (773) 274-HELP

Spanish voice mail (773) 274-5232 ext. 24

Services: 24-hour crisis and referral line offering individual, and group services, court advocacy, job readiness.

Apna Ghar Shelter for South Asian Battered Women

4753 N. Broadway

Chicago, IL 60640

(773) 717-0757 – Crisis

773-334-0173 – Office

Life Span (24 hour support line)

P.O. Box 445

Des Plaines, IL 60016

847-824-0382 (English and Spanish)

847-824-1158 (Polish)

Services: Domestic violence, teen-dating violence, court advocacy program, free legal clinic.
*Services offered in English and Spanish.

Safe Place

P.O. Box 1067
Waukegan, IL 60079
847-249-4450

Services: victims of domestic violence, counseling, emergency shelter, transitional program.

City of Chicago Domestic Violence Help Line

877-863-6338 TTY 877-863-6339
Counseling, Legal information

Chicago Department of Human Services Hotline

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Adults with Disabilities Domestic Abuse Program

Illinois Department of Human Services – Inspector General
800-368-1463

Investigate allegations of abuse, neglect or financial exploitation. Referrals.

National Domestic Violence Hotline

800-799-SAFE – 24 hours

The Illinois Coalition Against Domestic Violence

877-863-6338

Information and referrals.

WINGS (Women In Need Growing Stronger)

847-221-5680 24-Hour Crisis Hotline (Housing and Emergency Shelter
Administrative Office
P.O. Box 95615
Palatine, IL 60095
Phone: 847-519-7820
Fax: 847-519-7821

ABUSIVE INDIVIDUALS/BATTERERS

A Safe Place for Help – Abuser Services

P.O. Box 1067
Waukegan, IL 60079
847-249-4450

Center for Contextual Change

9239 Gross Point Rd., Skokie, IL &
815 W. Van Buren, Chicago, IL

847-676-4447 Ext. 304

Community Crisis Center

P.O. Box 1390
Elgin, IL 60121
847-697-2380 (English)
847-697-9740 (Spanish)

Latino Family Services

657 E Golf Rd. Arlington Heights, IL 60005
847-593-7077

For all ages, individual, family, group counseling. Child sexual abuse counseling, domestic violence, sex offender evaluation and treatment. English and Spanish Fee: Sliding Fee

Salvation Army – Family and Community Services

Central Office – Multiple Locations

4800 N. Marine Drive
Chicago, IL 60640
773-275-6233

RAPE VICTIMS RESOURCES

Chicago Rape Crisis Hotline

1-888-293-2080

Northwest Center Against Sexual Assault

415 W. Golf Rd., Suite 47 Arlington Heights, IL 60005
847-806-6526

888-802-8890 24-hour hotline

Services: Provides individual, group, family therapy; child assault prevention program. Multicultural programs, community education. Staff will respond to hospitals, police stations. Services include medical and court advocacy, Free.

YWCA Metropolitan Chicago

Main Office: 360 N. Michigan Ave. Suite 800

Chicago, IL 60601

Crisis Lines: 888-293-2080 (Chicago)

630-971-3927 (Dupage County)

708-748-5672 (South Suburbs)

Services: Counseling, Education and support (multiple locations).

LGBTQ RESOURCES

Center on Halsted

773-472-6469

3656 N. Halsted Street, Chicago 60613

www.centeronhalsted.org

Services: Adult, Youth, Older Adult, Anti-violence project, legal, HIV/AIDS/STD hotline

Horizons Community Services

773-472-6469

961 W. Montana, Chicago 60614

Services: Counseling, crime victims' assistance, domestic violence, human rights/discrimination, information & referral

<http://www.qrd.org/qrd/www/usa/illinois/horizons/horizons.html>

Lesbian Community Cancer Project

773-561-4662

4753 N. Broadway, Suite 602, Chicago, 60640

Services: Provides support, information and referral resources to GLBT cancer patients and their families.

Howard Brown Clinic

773-388-1600

4025 N. Sheridan Rd., Chicago, 60613

Services: promotes the health and wellness of the lesbian, bisexual, queer, and transgender community through healthcare services, public education, research, and programming.

Chicago Lakeshore Hospital

800-54-PRIDE (77433)

4840 N. Marine Drive, Chicago, IL 60640

Services: In-patient psychiatric, chemical dependency or dual diagnosis programs specifically designed for gay/lesbian or bisexual clients.

PFLAG (Parents, Family and Friends of Lesbian and Gays)

773-472-3079

901 N. Milwaukee Ave., Glenview

www.pflag.org

Services: Held every second Sunday every month, 2 p.m. at Congregation BJBE

Pride Youth/Links Countryside Unitarian Church

847-441-9880 Ext 2 or 6191 Ext 3

1025 N. Smith Rd, Palatine 60067 or 1779 Maple St, Northfield 60093

www.linksyouth.org

Services: support services for sexual minority youth, reproductive health care, and counseling.

First United Methodist Church

847-255-5112

The Rainbow Circle- GLBTQ Support-Rev. Bonnie Beckonchrist

1903 E. Euclid Ave., Arlington Heights

Questioning Youth Center

630-415-2053

1163 E Ogden Ave Suite 705-337 Naperville 60563

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Updated: Jeff Bondora, LCSW 8.2014

GLBT Friendly Therapists:

<http://therapists.psychologytoday.com>

(enter zip and click “gay issues” to find a therapist near you)

Aren Drehobl

Aren_drehobl@yahoo.com

Laura Grimes, LCSW

773-659-9207

Deborah Wilke, MS, LCPC, NCP

630-375-7285

Compassionate Counseling

5739 Dunham Rd, Downers Grove

Psychiatrists:

Josh Kahn

847-509-8732 Northbrook

Henry Gault

847-267-0001 Deerfield

Joyce Kocher

847-568-1044 Skokie

GRIEF/HOSPICE/CANCER SUPPORT CENTERS

Grief Counseling

Midwest Palliative & Hospice Center

2050 Claire Court, Glenview, IL 60025

847-467-7423

<http://www.carecenter.org/>

Offers support groups for adults and children as well as a CareCenter for kids.

Northwest Community Healthcare

800 W. Central Road, Arlington Heights, IL 60005

847-618-1000

<http://www.nch.org/community-services/support-groups/index.php/index.shtml>

Support groups include Begin Again (for widows and widowers), Compassionate Friends (self-help organization for bereaved parents), L.O.S.S. (for survivors of suicide), Northwest Suburban Pregnancy Loss Support Group, and the State's Attorney Support Group (families of victims of murder, reckless homicide and hit and run).

Northwestern Lake Forest Hospital

660 N. Westmoreland, Lake Forest, IL 60045

847-234-5600

<http://www.lfh.org/>

Provides Resolve Through Sharing Bereavement Services, a Life After Stroke Support Groups, and an Alzheimer's Support Group.

Rainbows: Guiding Kids Through Life's Storms

1360 Hamilton Parkway, Itasca, IL 60143 (Headquarters)

800-266-3206 or 847-952-1770

<http://www.rainbows.org/>

Offers grief counseling and support groups for children/teens who are experiencing divorce, death, or other loss.

Rainbow Hospice

- 1601 North Western Avenue, Park Ridge, IL 60068

847-685-9900

<http://www.rainbowhospice.org/>

Offers a variety of support groups and workshops for adults and children.

Willow House: Arlington Heights

302 Dunton Avenue Arlington Heights, IL 60004

847-236-9300

<http://www.willowhouse.org/>

Offers a group for children ages 3-18 who are grieving the death of a mom, dad, brother or sister, adult groups for the young widowed, and groups for those who are grieving the death of a child. Childcare for children younger than 3 years of age is available.

Willow House: Riverwoods

300 Saunders Road Suite 300, Riverwoods, IL 60015

847-236-9300

<http://www.willowhouse.org/>

Offers a group for children ages 3-18 who are grieving the death of a mom, dad, brother or sister, adult groups for the young widowed, and groups for those who are grieving the death of a child. Childcare for children younger than 3 years of age is available. There is also a Young Adult's Support Group for adults ages 18-25 who are grieving the death of a mom, dad, brother or sister.

Hospice and Palliative Care**Gentiva Hospice**

85 West Algonquin Road Suite 100, Arlington Heights, IL 60005

847-439-0348

<http://www.gentiva.com/hospice/>

Accepts private insurance and Medicare/Medicaid.

Hospice & Palliative Care of Northeastern Illinois

410 S. Hager, Barrington, IL 60010
847-381-5599

<http://www.hospiceanswers.org/>

Accepts all forms of payment and will not turn anyone away.

Midwest Palliative & Hospice Center

2050 Claire Court, Glenview, IL 60025
847-467-7423

<http://www.carecenter.org/>

Accepts private insurance and Medicare/Medicaid.

Monarch Hospice & Palliative Care

33 W Higgins Rd, Suite 910, South Barrington, IL 60010
847-836-4498

<http://www.monarchhospice.com/>

Accepts all forms of payment and will not turn anyone away.

Rainbow Hospice

- 1601 North Western Avenue, Park Ridge, IL 60068
847-685-9900

<http://www.rainbowhospice.org/>

Accepts private insurance and Medicare/Medicaid.

Cancer Associations

American Cancer Society

800-227-2345

<http://www.cancer.org/>

Provides information about cancer, treatment options, support groups, and volunteer opportunities.

Cancer Care

800-813-HOPE

<http://www.cancercare.org>

Provides information on cancer, treatment, financial issues, and support groups. Services also include over-the-phone support.

Leukemia and Lymphoma Society

800-955-4572

<http://www.lls.org/>

Serves patients with leukemia, lymphoma, Hodgkin's and non-Hodgkin and multiple myeloma. Provides free materials, information about local chapters, and information about patient services and support groups.

National Cancer Institute

800-4-CANCER

<http://www.cancer.gov>

Provides free brochures about cancer, treatment, and coping for patients and families.

National Coalition for Cancer Survivorship

877-622-7937

<http://www.canceradvocacy.org/>

Provides information on advocacy, legal, employment and insurance issues.

Cancer Support Groups

Alexian Brothers

800 Biesterfield Road, Elk Grove Village, IL60007

847-437-5500

<http://www.alexianbrothershealth.org/>

Offers breast cancer and lung cancer support groups.

Alexian Brothers

1650 Moon Lake Boulevard, Hoffman Estates, IL60169

800-432-5005

<http://www.alexianbrothershealth.org/>

Offers breast cancer and lung cancer support groups.

American Cancer Society

1114 N Arlington Heights Rd, Arlington Heights, IL 60004

847-368-1166

<http://www.cancer.org/>

Cancer Wellness Center

215 Revere Drive, Northbrook, IL 60062

847-509-9595

<http://cancerwellness.org/>

Northwest Community Healthcare

800 W. Central Road, Arlington Heights, IL 60005

847-618-6660

<http://www.nch.org/index.php>

COMMUNITY OUTPATIENT COUNSELING RESOURCES

(For additional names, please see Clinician referral List with therapists and psychiatrists)

Alexian Brothers Center for Mental Health

3436 N. Kennicott Ave., Arlington Heights, IL 60004

847-952-7460

<http://www.alexianbrothershealth.org/>

Payment: Medicaid, Sliding Scale

Bridge Youth & Family Services

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Updated: Jeff Bondora, LCSW 8.2014

721 S Quentin Rd., Palatine, IL 60067
847-359-7490
<http://www.bridgeryouth.org/>
Payment: Sliding Scale, Pro Bono Work (if necessary)

Jewish Child & Family Services
1156 W Shure Dr., Arlington Heights, IL 60004
847-392-8820
<http://www.jcfs.org/>
Payment: Sliding Scale

Kenneth Young Center
1001 Rohlwing Rd., Elk Grove Village, IL 60007
847-524-8800
<http://www.kennethyoung.org/>
Payment: Medicaid, Sliding Scale

Leyden Family Service & Mental Health Center
10001 Grand Ave., Franklin Park, IL 60131
847-451-0330
<http://www.leydenfamilyservice.org/>
Payment: Medicaid (No HMO), Sliding Scale (only for residents of Leyden Township)

Maryville Scott Nolan Child & Family Behavioral Health Center
555 Wilson Lane, Des Plaines, IL 60016
847-768-5430
Payment: Medicaid, Sliding Scale (for 18+)

OMNI Youth Services
1616 N Arlington Heights Rd., Arlington Heights, IL 60004
847-253-6010
<http://www.omniyouth.org/>

Salvation Army
1616 N Arlington Heights Rd., Arlington Heights, IL 60004
847-392-0265
http://www.salvationarmyusa.org/usn/www_usn_2.nsf
Payment: Sliding Scale

General Mental Health Support Resources

DBSA (Depression Bipolar Support Alliance) Arlington Heights
847-541-7754
Contact: Leah Nakamura or Ann Whitney
Services: Acceptance and support for anyone suffering from depression and bipolar disorder.

Northwest Community Hospital

815-762-2844

Contact: Laura Meredith

Services: Provide adolescents btwn ages of 12-18 who have lost a friend or family member to suicide

Alexian Brothers Health

847-882-1600

Contact: Leslie Stoutenburg

Services: Post partum depression and mood disorders support and therapy; pregnant woman struggling with mood disorders support group also.

NAMI (National Alliance on Mental Illness)

847-496-1415

Services: Barrington Area Affiliate offers the 12 week Family-To-Family Program in the Northwest Suburbs throughout the year.

Mental Health America of the North Shore

847-328-6198

2120 Lincoln St, Evanston 60201

Services: To Educate our community about mental health and social-emotional wellness and to advocate for individuals and families affected by mental and emotional disorders.

Hotlines

National Adolescent Suicide Hotline

800.SUICIDE (784.2433)

National Domestic Violence Hotline

800.603.HELP (4357)

1.800.787.SAFE (7233)

National Gay and Lesbian Hotline

800.347.TEEN (8336)

National Runaway Hotline

800.621.4000

SAFE Alternatives Information Line

800.DONT CUT (366.8288)

Teen AIDS Hotline

800.234.TEEN (8336)

Foreign Language Services

AFRICAN AMERICAN

African Women's Organization, Inc.

773-224-2300

4554 N. Broadway St. Chicago, IL 60640

Services: Educational programs, advocate services and resources to achieve family stability.

Haitian American Community Association

<http://www.hacachicago.com>

HISPANIC

Consulate General of Mexico

(312) 738-2383

Latino Family Services

847-593-7077

825 E. Golf Rd., Arlington Heights, IL 60005

Services: For all ages, individual, family, group counseling. Domestic violence, custody and visitation counseling. English and Spanish.

Latino Treatment Center

847-695-9155

54 S. Grove Ave. Elgin, IL 60120

Services: For adolescents, alcohol/drug treatment, dual diagnosis

Meadows Community Services

2401 Kirchoff Road Rolling Meadows, IL 60008

Phone: 847.255.6338 Fax: 847.590.9290

ASIAN

Chinese Mutual Aid Association

773-784-2900

1100 W. Argyle St. Chicago, IL 60640

Services: Community safety, health outreach senior programs, counseling, education, interpreters.

Vietnamese Association of Illinois

773-728-3700

5252 N. Broadway Ave. Suite 2 Chicago, IL 60640

Services: Community centers, counseling, tutoring, employment, info/referral, hotlines, senior citizen programs, vocational training, youth center.

Asian Human Services

773-728-2235

4743 N. Broadway Ave. Chicago, IL 60640

Services: 18 Asian Languages, 24 hour crisis line

Korean American Community Services

773-583-5501

4300 N. California Ave. Chicago, IL 60618

Services: Counseling, child care, senior housing, health care, immigration services, employment assistance.

EASTERN EUROPE

Friends of Refugees of Eastern Europe

773-274-5123

2735 W. Devon Ave. Chicago, IL 60659

Services: Jewish immigrants from Eastern Europe; English classes, clothing, assistance in finding home care jobs. No Charge.

Polish American Association

773-282-8206

3834 N. Cicero Ave. Chicago, IL 60641

Services: Families of domestic violence, counseling, homeless day shelter, case management, violent crime assistance, substance abuse outpatient treatment, homemaker services, health outreach.

GREEK

Greek American Community Services

773-545-0303

3940 N. Pulaski Rd. Chicago, IL 60641

Services: Community Centers, Adult Day Care, Energy Assistance, Information/Referral, Interpreters, Recreation, and Respite Care.

Hellenic Foundation

773-728-2603

5700 N. Sheridan Rd. Chicago, IL 60660

Services: Alcoholism, counseling services, domestic violence, drug abuse, interpreters, recreation.

NATIVE AMERICAN

St. Augustine's Center for American Indians

773-784-1050

4512 N. Sheridan Rd. Chicago, IL 60640

Services: Adoption, foster care, advocacy, alcoholism, counseling, drug abuse, emergency food/clothing, employment, information/referrals, hotline, emergency women's shelter.

GENERAL

World Relief

773-583-9191

3507 W. Lawrence Ave. Chicago, IL 60625

Services: Education, ESL, literacy, job readiness and placement, legal services, mental health case management, outpatient clinics, and civil rights.

LANGUAGE SERVICES

Arlington Heights Language Bank

1165 N. Hickory Arlington Heights, IL 60004
Phone: 847.253.0468

CAIRS (Chicago Area Interpreter Referral)

150 N Wacker Drive Suite 1310 Chicago, IL 60606
Phone: 312.895.4300 Fax: 312.895.4313

District 214 Community Education

2121 South Goebbert Road., Arlington Heights, IL 60005
Phone: 847.718.7725 Fax: 847.718.7713

Salvation Army Family & Community Counseling Center-A.H.

1616 N Arlington Heights Road., Arlington Heights, IL 60004
Phone: 847.392.0265 Fax: 847.392.0274

Cross-Cultural Interpreting Services

773-751-4094

Services: Provides an interpreter on site within one hour depending upon language required
Interpreters can help facilitate any connection between provider and family.

The Language Line

800-523-1786 for emergencies

Services: For hospitalized patients who need translation for services including pre-op instructions, information about relatives, medical records, scheduling and billing information.

Latino College Aid

National Hispanic College Fairs/Career Council

<http://www.collegefair.info/>

Latinos in College

<http://www.latinosincollege.com/>

Hispanic College Fund

<http://www.hispanicfund.org/>

Illinois Dream Act

<http://www.isac.org/home/illinois-dream-act.html>

Guide for Undocumented Students: College is Possible

http://icirr.org/sites/default/files/student_guide_for_illinois_undocumented_students_dream_act.pdf

Hispanic Scholarship Fund

<http://www.hsf.net>

FINANCIAL ASSISTANCE

General Needs

Social Security Disability Office

Mount Prospect: 705 North Wheeling Rd 60056
800-772-1213
Evanston: 2116 Green Bay Rd 60201
800-772-1213

Center for Medicare & Medicaid Services

800-633-4227 (800-MEDICARE)

Department of Human Services

800-843-6154 (English or Spanish)
Springfield office: 100 South Grand Ave East 62762
800-843-6154 Hours 8:30am-5:00pm
Chicago office: 401 South Clinton St 60607
Resource Center in Cook County
Skokie: 8020 St Louis Ave 60076
847-745-3200

Receives applications for Cash, SNAP, and Medical Assistance by fax, mail or in person.

C.H.I.P.S – Illinois Comprehensive Health Insurance Plan

217-782-6333 Main Number
800-962-8384 General Info
866-851-2751 Eligibility Info
Springfield: 320 West Washington Suite 700 62701

For Illinois residents who have been denied major medical coverage by private insurers due to a pre-existing health condition or disability.

Illinois Department of Public Aid Intake Unit

Cook County – DHS/Public Aid
Services for public aid and non-public aid recipients to initiate a child support case interview
312-793-8392

Lawyer Referral Service of The Chicago Bar Association
312-554-2001

All Kids

866-255-5437

Comprehensive healthcare that includes doctors visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers. Monthly premiums per child and \$10 co-pay per physician visit

Family Care

866-255-5437

Access to affordable healthcare for parents/caregivers of children 18 and under on All Kids

Money Management International

866-889-9347 or 866-290-2655

Mount Prospect Human Services Department

847-870-5680/847-506-4930

50 S. Emerson Street, 1st Floor

Provides assistance to low income families living in Mount Prospect

Family Benefit Solutions, Inc.

847-279-8506

Buffalo Grove: 1110 W. Lake Cook Road, Ste. 150 60089

Offers benefit assistance programs to families in need

CEDA Northwest Self-Help Center

847-392-CEDA (2332)

Mount Prospect: 1300 W. Northwest Highway 60056

Assists individuals and families with energy assistance (LIHEAP), weatherization, financial counseling, financial literacy/tax preparation, Housing/Mortgage Counseling, Rent/Mortgage assistance, etc.

Child-Care Subsidy

800-424-2246

Federally funded agency to provide helpful information about assistance for child care payment programs

Debt Relief

800-291-1042

For families struggling with credit card debt; to reduce payments, interest, and even principal amounts owed.

Free Bankruptcy Advice

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Updated: Jeff Bondora, LCSW 8.2014

800-379-0985

Families can receive free advice from an attorney to discuss whether debt relief under bankruptcy makes sense for them

Discount Prescriptions

800-291-1206

Families can save 20%-40% on prescriptions

Food Pantries

CEDA Northwest

847-392-2332

1300 Northwest Hwy

Mt. Prospect, Il. 60056

Cross and Crown

847-394-0362

1122 W. Rand Rd.

Arlington Heights, Il. 60004

Church of the Holy Spirit

847-843-2487 or 847-882-7580

Schaumburg: 1451 Bode Rd

Hours: Thursdays 2-5pm

Elk Grove Village Township

847-437-0300

Arlington Heights: 2400 S. Arlington Heights Rd

Harvest Bible Chapel

847-398-7005

Rolling Meadows: 800 Rohlwing Rd

Hours: Saturdays 10am-12pm

Kingswood Food Pantry

847-398-0700

401 W. Dundee Rd.

Buffalo Grove, Il. 60089

Hours: Thursdays 930am-1230pm

Lutheran Church of the Cross

847-437-5141

2025 S. Goebbert Rd.

Arlington Heights, Il. 60005

Hours: Tuesdays 9am-1pm

Meadows Community Services

847-255-6338
2401 Kirchoff Rd.
Rolling Meadows, Il. 60008

Palatine Township

847-358-6700
Palatine: 721 S Quentin Rd
Hours: Monday-Friday 830a-4pm, Saturday 830a-12pm

Wheeling Resource Center

847-808-1454
210 N. Wolf Rd.
Wheeling, Il. 60090

Willow Creek Community Church

847-765-5000
South Barrington: 67 E. Algonquin Rd 60010
Hours: Wednesdays 530pm-630pm, Thursdays 10am-12pm & 630pm-8pm

Self Help Closet & Food Pantry

847-375-1443
Des Plaines: 600 East Algonquin Rd

Quick Stop Food Pantry Inc

847-923-1943
Elk Grove Village: 1193 Biesterfield Rd

Greater Chicago Food Depository

773-247-3663
Chicago: 4100 West 42nd Place

Niles Township Food Pantry

847-983-0073
Skokie: 5255 Main Street

Shelters/Housing

ARK's Sarnoff Levin Residence

6450 N. California Ave. Chicago, IL 60645
773-973-1000, ext. 281
<http://www.arkchicago.org/>
Provides short-term housing for homeless Jewish individuals and families.

Boy's Hope Girl's Hope

1100 N. Laramie Ave., Wilmette, IL 60091

847-920-2783

<http://www.boyshopegirlshope.org/illinois/Contact.aspx>
Residential services for boys and girls ages 11 through 18.

CEDA Northwest

1300 Northwest Hwy., Mount Prospect, IL 60056
847-392-2332 (Contact person - Sonia Ivanov)

www.cedanorthwest.org

Provides rent and mortgage assistance and a two-year housing program for individuals who are homeless, but employed.

Connections for the Homeless

2121 Dewey Ave., Evanston, IL 60201
847-475-7070 x 100

<http://www.cfthinc.org/wordpress/>

Services include a re-housing program, a transitional shelter (up to 20 single men/women – 3 months maximum), permanent supportive housing for individuals with serious disabilities.

Cook County Housing Authority

1123 Emerson, Evanston, IL 60201
847-869-0510

<http://www.thehacc.org/>

Provides low rent public housing.

Haven

825 Green Bay Rd. Suite 200, Wilmette, IL 60091
847-251-6630

<http://havenforyouth.org/pages/emergencyHousing.html>

Provides temporary emergency housing for boys ages 12-17 and girls ages 12-18.

Hilda's Place

1458 Chicago Ave., Evanston, IL 60201
847-424-0945

Emergency shelter and short-term housing for homeless adults.

Interfaith Housing Center of the Northern Suburbs

614 Lincoln Ave., Winnetka, IL 60093
847-501-5760

<http://www.interfaithhousingcenter.org/>

Services include fair housing program, foreclosure prevention, and a homesharing program.

Journeys from PADS to Hope

1140 E. Northwest Highway, Palatine, IL 60074
847-963-9163

Provides various emergency shelter sites.

National Runaway Switchboard

3080 N. Lincoln Ave., Chicago, IL 60657

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Updated: Jeff Bondora, LCSW 8.2014

800-RUN-AWAY
www.1800.RUNAWAY.org

Shelter, Inc.

1616 N. Arlington Heights Rd., Arlington Heights, IL
847-255-8060

www.shelter-inc.org

Services include a Transitional Living Program for adolescent boys ages 17 through 21, the Boys Group Home for boys ages 11 to 17, and the Jennings Group Home for girls ages 11 through 17.

The Harbour

1400 Renaissance Dr. Suite 240, Park Ridge, IL 60068
847-297-8540

Cara C. Bouslog, Community relations and intake worker Ext. 129
<http://theharbour.org/>

Provides safe, short-term shelter for girls ages 12-21, supervised living for homeless girls ages 16-21 while they receive life skills training and transition to self-sufficiency, and an independent living program for 16-21 year old homeless young men and women as they make the transition to independence.

WINGS (Women In Need Growing Stronger)

P.O. Box 95615, Palatine, IL 60095
847-519-7820

<http://www.wingsprogram.com>

Provides transitional homes and permanent supportive housing for homeless and abused women and children.

WORK ASSISTANCE

800-733-JOBS

www.jobcorp.dol.gov
<http://mifuturo.jobcorps.gov>

The nation's largest career technical training and education program for students ages 16 through 24. Provides a living allowance, housing, meals, job placement assistance, and counseling services.

Atterbury Job Corps Center

1025A Hospital Road, Edinburgh, IN 46124
812-526-5581

Chicago Workforce Center

1657 S. Blue Island Ave., Chicago, IL 60608
312-890-8298

Golconda Job Corps Center

Route 1, Box 104A, Golconda, IL 62938

Joliet Job Corps Center

1101 Mills Road, Joliet, IL 60433
815-727-7677

Paul Simon Chicago Job Corps Center

3348 South Kedzie, Chicago, IL 60623
773-890-3100

Job Search Websites

www.cjobnet.com

www.jobweb.com

www.ajb.org

www.monster.com

www.careerbuilder.com

www.quintcareers.com

www.careermag.com

www.revolution.net

www.careers.org

www.rileyguide.com

www.employment911.com

www.truecareers.com

www.employmentguide.com

www.chicagojobs.net

www.flipdog.com

www.illinoisskillsmatch.com

www.hotjobs.com

www.jobsearch.org/IL

Tutoring Facilities

Huntington Learning Center

847.798.8617
2642 W. Schaumburg Rd.
Schaumburg, IL. 60194
www.hungtintonlearning.com

847.398.1500
50 S. Arlington Heights Rd.
Arlington Heights, IL. 60005

Kumon Center

847.519.7788
1057 N. Salem Dr.
Algonquin Rd.
Schaumburg, IL. 60194
60192
(several Schaumburg sites)
www.kumon.com

847.942.8510
112 Northwest Hwy
Palatine, IL. 60067

847.991.4403
1612 W.
Hoffman Estates, IL.

\$80-110 per month/per subject – free placement test

Score! Educational Center

847.923.0124

140 S. Roselle Rd. #B

Schaumburg, IL. 60193

www.escore.com

Sylvan Learning Center

800.698.9195

72 W. Schaumburg Rd.

Schaumburg Towne Square

Schaumburg, IL. 60194

www.educate.com

GWAYO (Greater Wheeling and Youth Outreach Center)

550 Business Center Dr. Mount Prospect

847.759.0687

www.gwayo.org

