

October 15, 2009

Dear Parents/Guardians:

This letter is to inform you that there has been an increase of probable cases of the H1N1 flu reported throughout our school district. We are working with local and state health officials to monitor the situation, and at this time, all schools – including Buffalo Grove High School – will remain open and operating normally.

Please keep your child home from school if he or she shows any flu-like symptoms, including a fever of 100 degrees or higher, cough, sore throat, body aches, headaches, chills, and fatigue, and **contact your health care provider and the school immediately.**

Students who come to school with flu-like symptoms will be evaluated by our nursing staff and separated from others until he or she can be sent home. Students with the flu should stay home until at least 24 hours after they no longer have a fever, or signs of a fever, without the use of fever-reducing medicines. Students who are ill will be allowed to make up missed classroom assignments. Simply contact your child's classroom teachers and counselor directly.

The best way to reduce the spread of H1N1 or any other virus is to practice good hygiene, and we encourage you to teach your children to wash their hands often, keep their hands away from their eyes, nose, and mouth, and cover coughs and sneezes with their sleeve or a tissue. For more prevention tips and to learn more about the precautions our schools are taking, visit the school or district website.

Let me assure you that the health and well being of our students is my top priority, and we are doing everything possible to address the situation. We will continue to work with our school nurse and the CCDPH to closely monitor any unusual patterns of illness. Updates will be provided on the school and district websites as the situation warrants.

Thank you for your continued support and encouraging your child to practice good hand and health hygiene.

Sincerely,

Carol Burlinski
Principal